

Steve Von Hoene

“LifePREP” Coach & certified “Dream Manager”



Steve Von Hoene has a passion for young people and has been actively working with them for the past 30+ years

- Former Associate Director of Youth Evangelization at St. Gregory the Great Family of Parishes
- Former grade school and high school coach
- Former OHSAA high school basketball official
- Current husband, father, and grandfather
- Speaker, mentor, and teacher of various programs for teenaged boys and girls
- Former member of various High School Boards
- Certified “Dream Manager” with Floyd Consulting
- Passionately committed to the successful pursuit of happiness for every young person

“Thank you for the LifePREP program.

It really helped me a lot with time management and allowed me to think about my dreams for the future. It will absolutely help me as I go to college and beyond.”

– Michael R. 17 y.o. graduate of the program



Is your child ready to “Live the Dream Life”?

LifePREP helps kids prepare to:

- Know their strengths, weaknesses, learning styles, personality types, and areas of interest
- Build healthy relationships and communicate effectively with both peers and adults
- Master life’s day-to-day challenges: personal finances (i.e. budgets, credit, investing/long-term planning), time management, problem-solving, managing stress, influencing others, strategic planning, health & nutrition, government/politics, global awareness, and social graces/etiquette.

The **LifePREP** program is designed to complement what you are trying to teach your kids at home in a fun, hands-on, interactive, and practical way.

We strive to provide both parents and kids with the tools, resources, and support to help them succeed in life!

Give a man a fish, and he eats for a day.
Teach a man to fish, and he eats for a lifetime.
~ Chinese Proverb

>> Personal Awareness

Knowledge of self and developing the attributes of discipline, contemplation, reflection, and deliberate living.

1. Your God-given Purpose / Calling / Vocation ("Point B")
2. Strengths & Weaknesses (i.e. MBTI and other assessments)
3. Connecting to your Dreams - and how to achieve them
4. Building Confidence and a Healthy, Positive Attitude

A  B

Life PREP

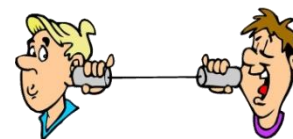
Practical life-skills coaching

A "PIT" stop on Life's journey

>> Interpersonal Effectiveness

Communicating, building relationships, resolving conflicts, making positive impressions, and dealing with difficult people in a Christian way.

1. The Power of Perceptions & Opinions
2. Adapting to Communication Styles
3. Influencing Others
4. Ideal Communication Skills & Behaviors



>> Tactical "Life-skills"

Managing time, money, energy, activities, knowledge, and behaviors.

1. Living on a Budget
2. Building Credit and Managing Debt
3. Goal Setting & Goal Management
4. Managing Time, Energy, and Stress
5. Persuasive Communication
6. Mental & Physical Health, Nutrition, Politics, and Etiquette



Structure & Process:

- Monthly group meetings (90 mins)
- Experiential activities, group discussions, hands-on application opportunities
- Guest "subject matter experts"
- Monthly 1:1 meetings with "Teen Life Coach" (@20 mins)
- Minimal "own time" suggested activities
- Monthly parent meetings for updates, feedback, and coaching suggestions

Materials Journey Learning will provide:

- Student guidebook & journal
- Assessments, activity sheets, electronic files
- Support materials and reference books
- Slides, videos, posters, articles, websites
- Parent support guidebook
- Reminder cards & mementos